THE RELATION OF JUDGMENTS OF EXCITEMENT VALUE TO CERTAIN BODILY CHANGES SHOWN DURING HYPNOTIC DREAMS

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The plan of this study was in two parts. First, items having different degrees of excitement were located along a linear scale. The scale values were determined by ninety-six college students who acted as judges. Representative items and corresponding scale values (boys as judges for the norms here shown) are given below:

- Seeing candles burn: 1.28
- Feeling the sting of an insect: 3.85
- Receiving a blow from an assassin: 6.71
- Seeing a head severed from a body: 7.82

Second, items for the scale were used as "dream material" for hypnotized subjects. Pneumograph records showed that increase in the irregularity of breathing was roughly proportional to the scale value of the item. (Brief abstract of paper read).